

Restore metabolic control for high-risk members

Stabilize clinical risk and protect financial exposure

Vida Elevate is the high-acuity pathway for members with significant metabolic instability, complex cardiometabolic conditions, or advanced treatment needs. It provides physician-directed care, intensive monitoring, and disciplined medication management to stabilize risk and control high-cost drivers.

Elevate is designed to manage the members most likely to generate disproportionate healthcare spend, and to do so with measurable clinical and financial accountability.



Designed for members with high metabolic instability

Members appropriate for Elevate typically present with high metabolic instability and clinical complexity, including the following conditions:

- Overweight & obesity
- Prediabetes & diabetes (Type 1 & Type 2)
- Hypertension & hyperlipidemia
- Chronic Kidney Disease (CKD)
- Congestive Heart Failure (CHF)
- MASLD (early metabolic fatty liver disease)
- Depression & anxiety
- Obstructive sleep apnea (OSA)
- MASH (advanced metabolic fatty liver disease)
- Established cardiovascular disease

Members are placed into Elevate based on their Metabolic Control Score, ensuring that intensive resources are appropriately deployed for those with the greatest clinical and financial risk.



Physician-led. Protocol-driven. Outcomes-accountable.

Elevate delivers tightly governed metabolic control through:

Clinical Oversight

- Board-certified physicians and advanced practitioners
- Comprehensive metabolic evaluation and lab oversight
- Ongoing medication management and titration
- GLP-1 and specialty medication governance

High-Touch Monitoring

- Frequent clinical touchpoints
- Continuous biomarker and weight monitoring
- Treatment adherence and response tracking
- Comorbidity management coordination

Medication & Cost Governance

- Evidence-based prescribing protocols
- Prioritization of metabolic outcomes tied to medication use
- Optimizing medications including deprescribing when appropriate
- Transition to Core when metabolic control improves

Delivering reduced volatility and clear ROI

Elevate is designed to:

Achieve measurable metabolic control in high-risk members

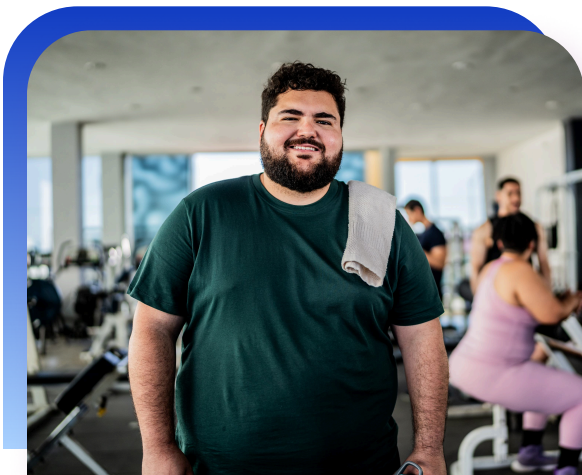
Ensure appropriate use and ROI of medications

Reduce ER visits, admissions, and complication risk

Stabilize high-cost chronic populations

Transition stabilized members to lower-intensity care

Elevate functions as the population's **metabolic risk command center**.



Why employers choose Elevate

Elevate protects employers from uncontrolled specialty drug and chronic disease costs by:

- Governing GLP-1 and high-cost medication utilization
- Stabilizing the most expensive risk cohorts
- Reducing downstream acute care spend
- Aligning clinical intensity with financial exposure

It ensures that the highest-risk members receive disciplined, outcomes-driven care rather than unmanaged cost escalation.

Stabilize high-risk members with physician-led metabolic care from Vida Health.

► [Learn more at vida.com](https://www.vida.com)